



Commonwealth of Massachusetts
Department of Public Health

Helping People Lead Healthy Lives In Healthy Communities

Public Health Council
March 11, 2015

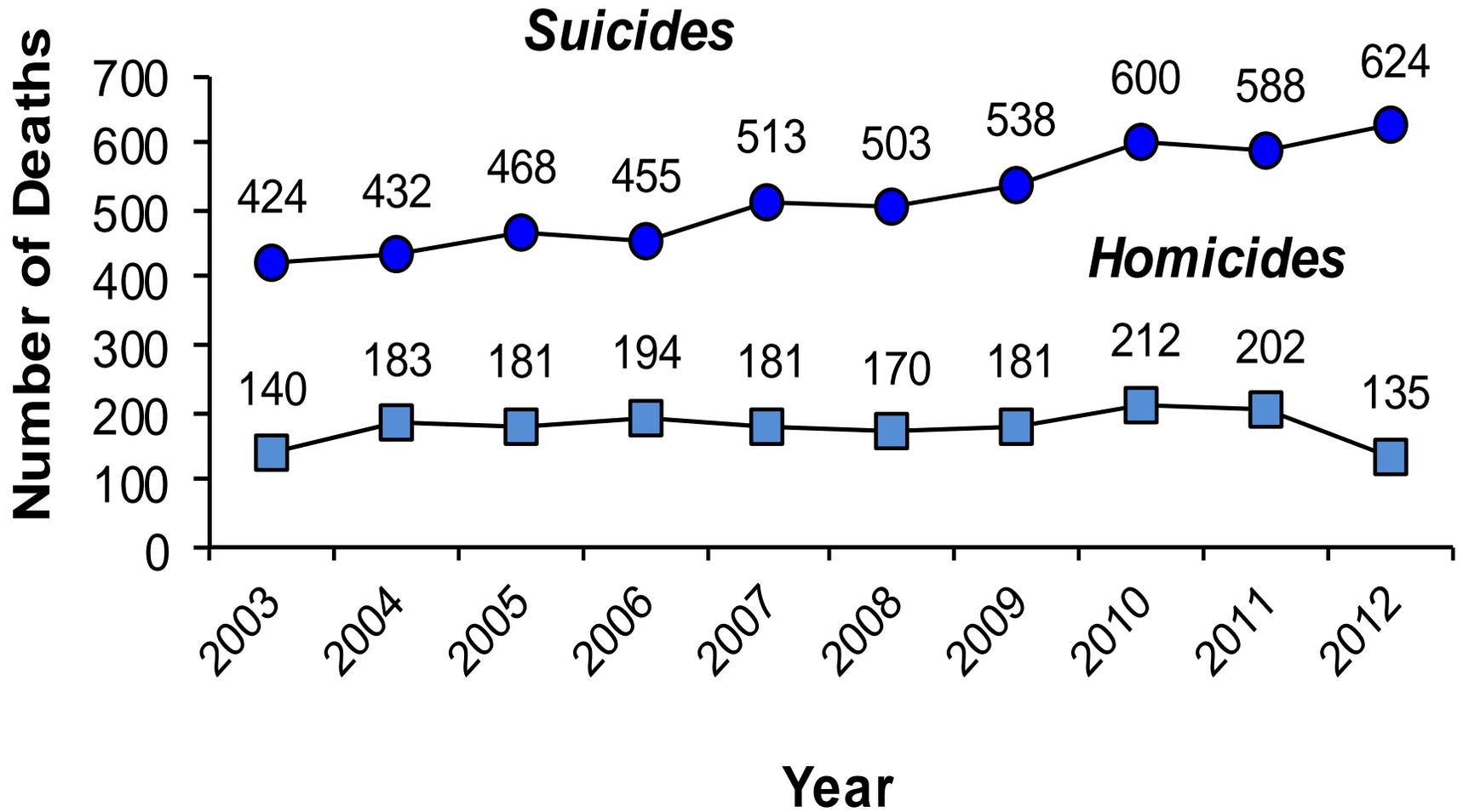
Suicide in Massachusetts

Carlene Pavlos, Director

Bureau of Community Health and Prevention

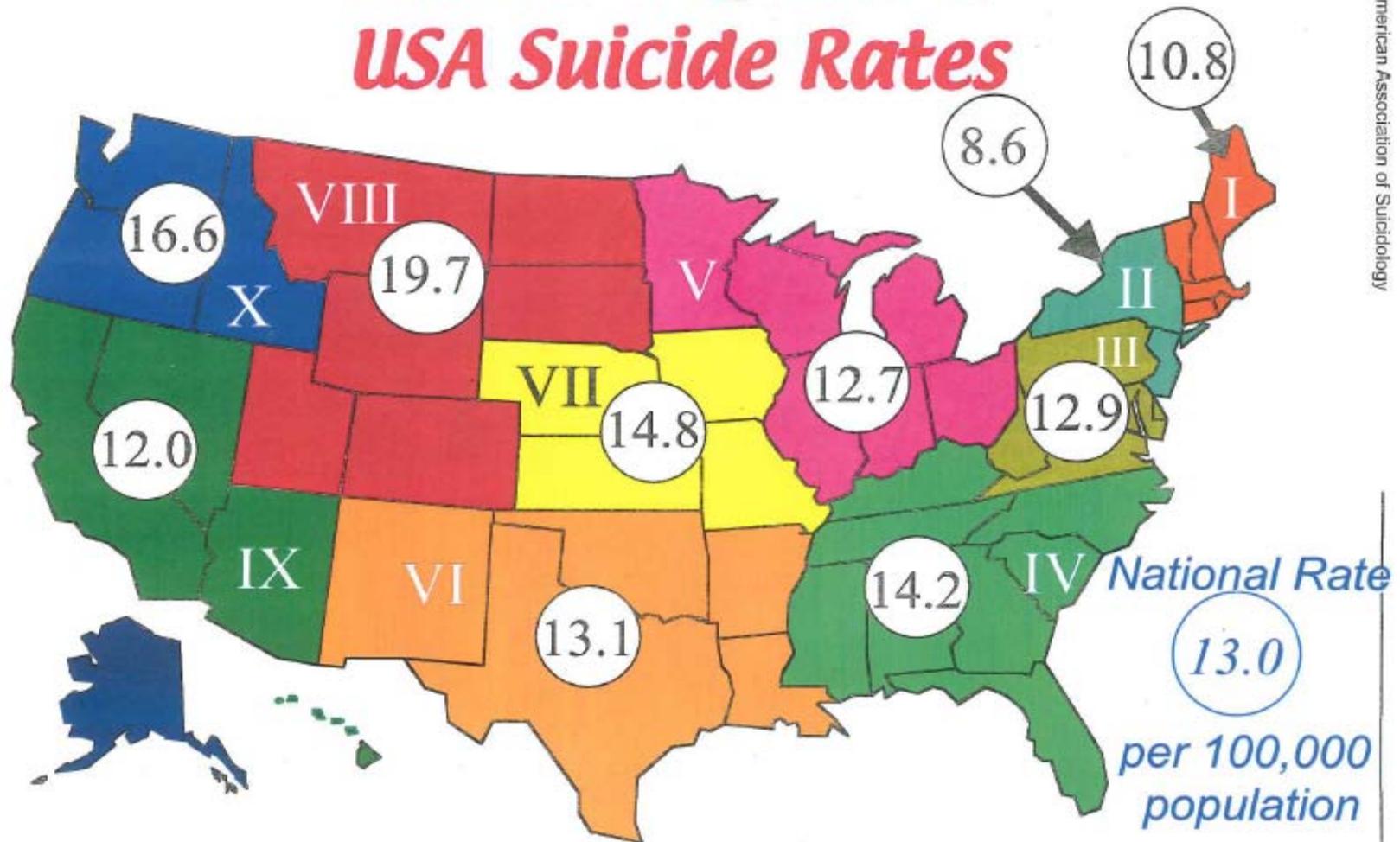
Alan Holmlund, Director, MDPH Suicide Prevention Program

**Figure 1. Suicides and Homicides in MA,
2003-2012**





Health Regions & USA Suicide Rates



2013 Data

Source: data calculated from figures posted at CDC's WISQARS website downloaded 22 January 2015 for 2013 data

Figure 3A: Suicides in MA, by Age Group, 2012 (N=624)

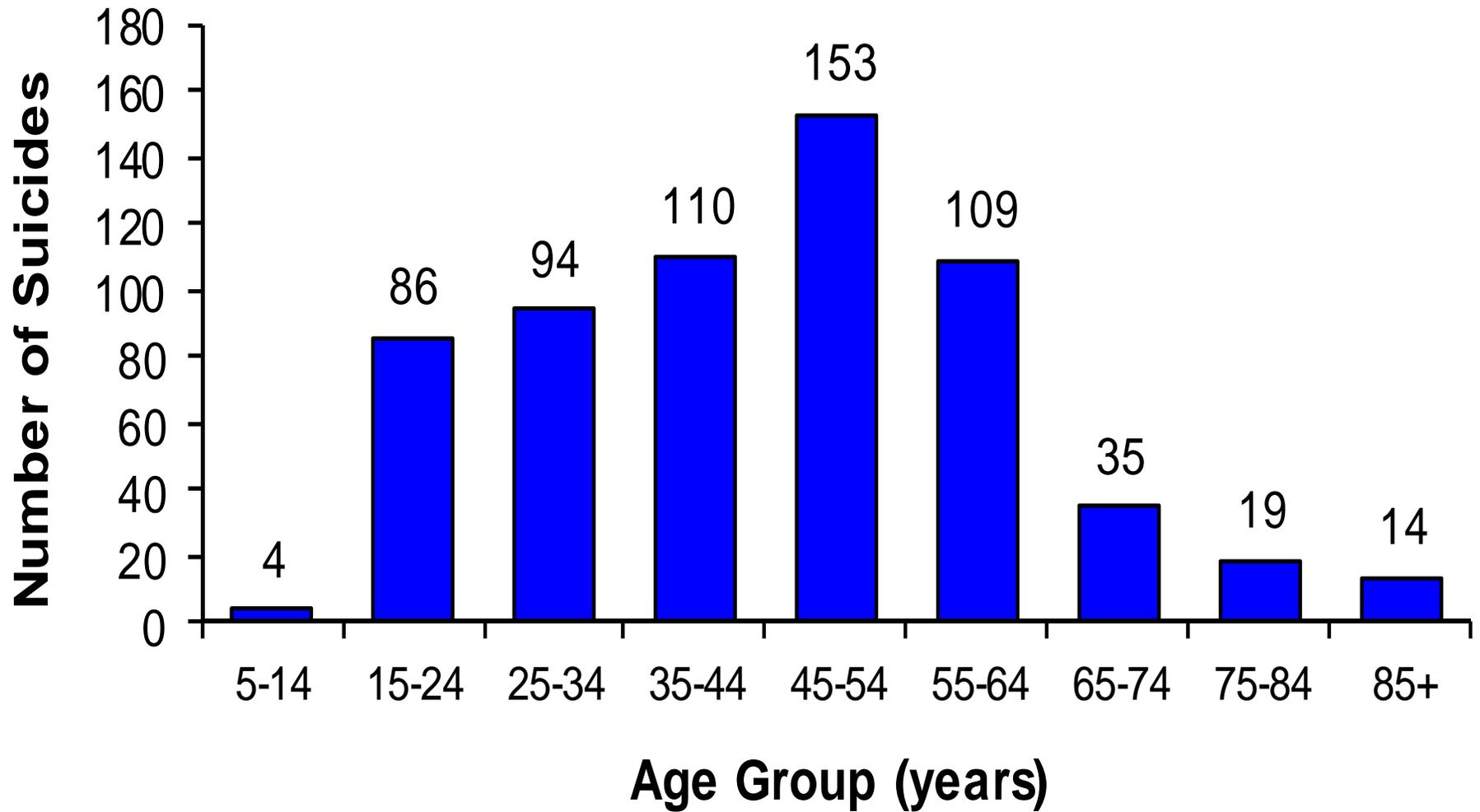


Figure 3B: Rate of Suicides in MA by Sex and Age Group, 2012⁴

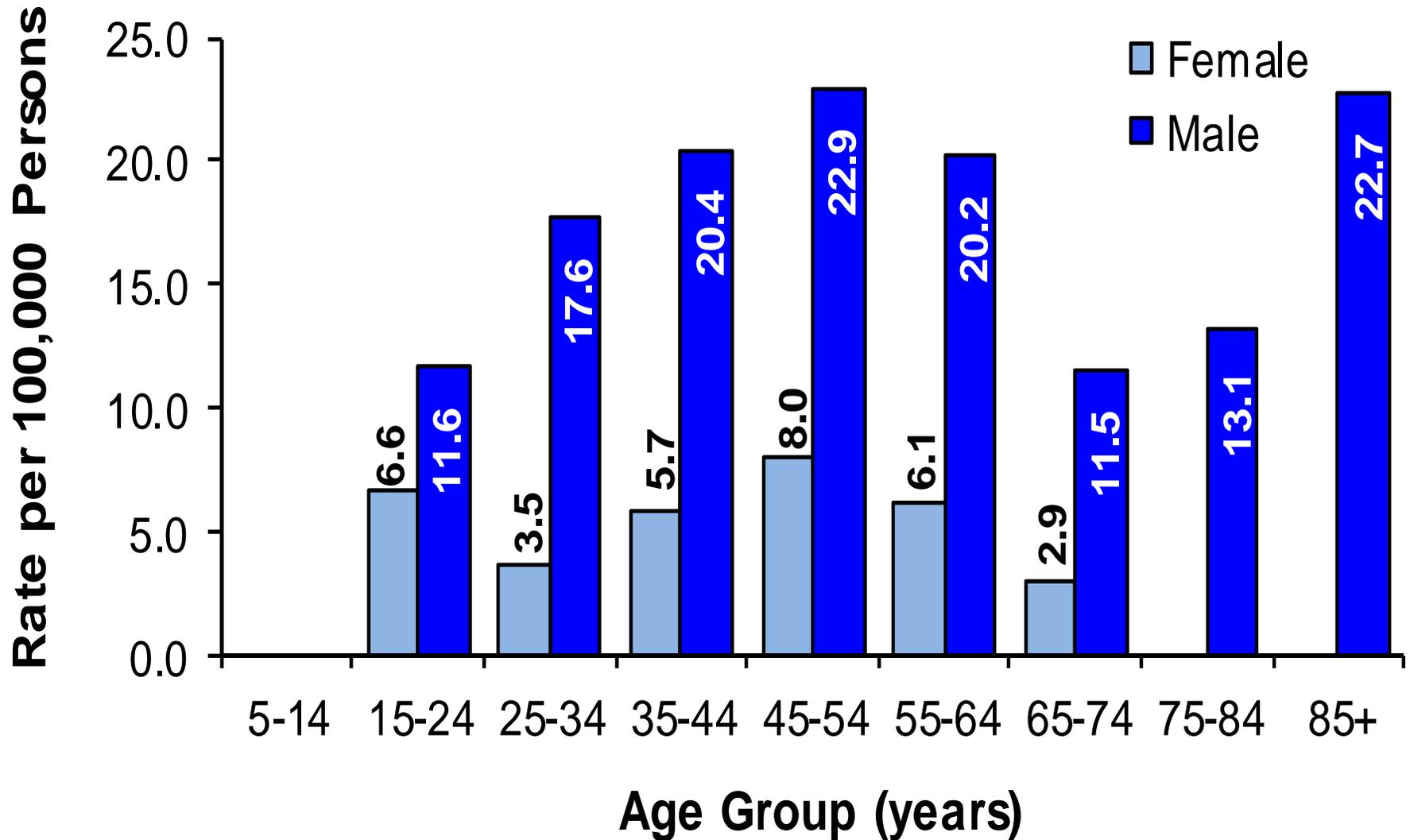


Figure 4. Hospital Discharge Rates for Nonfatal Self-inflicted Injury by Sex and Age Group, MA Residents, FY2013 (N=4,258)

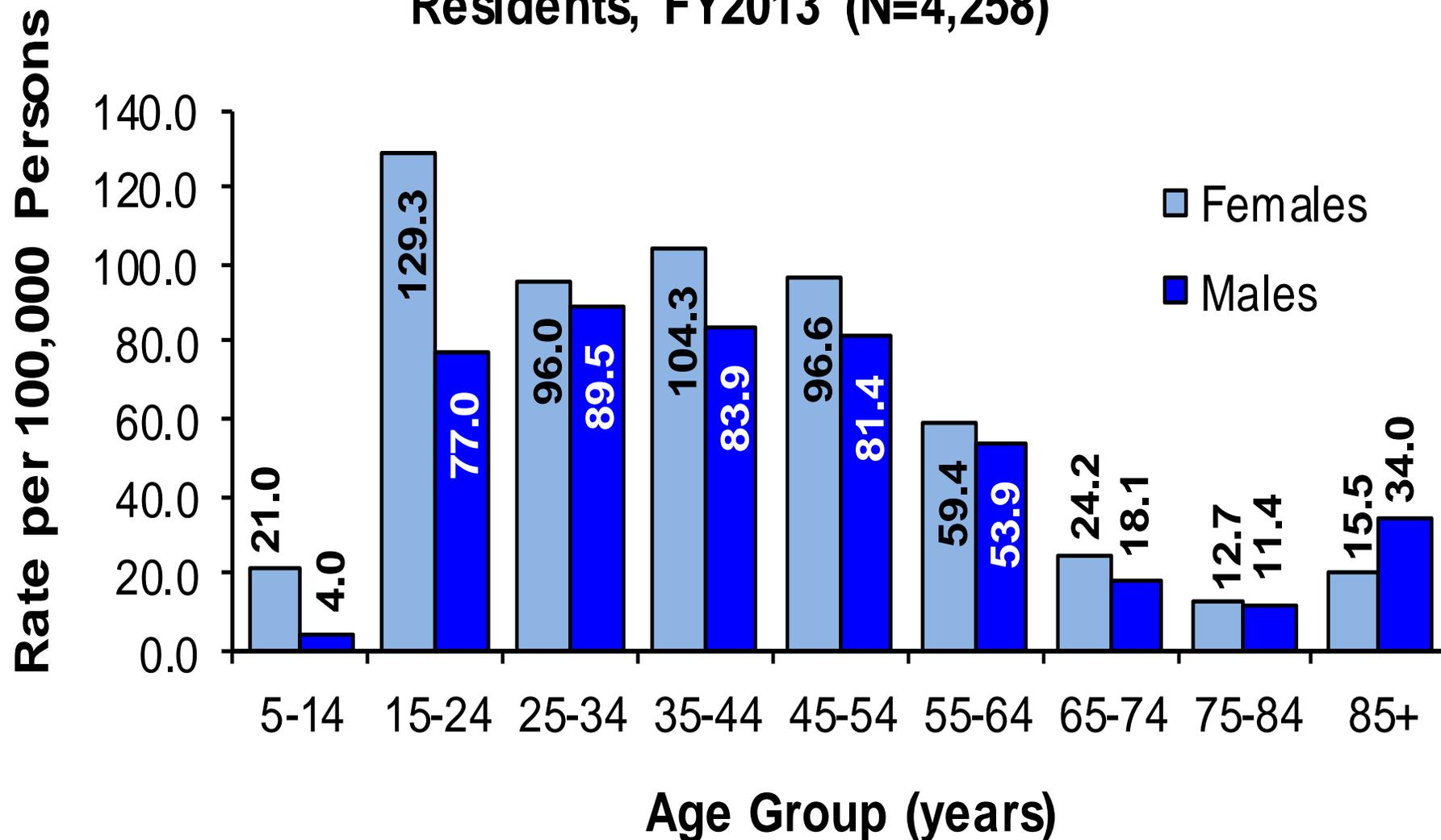


Figure 6A and B: Suicides and Hospital Discharges for Nonfatal Self-Inflicted Injury by Method, Massachusetts

Figure 6A.

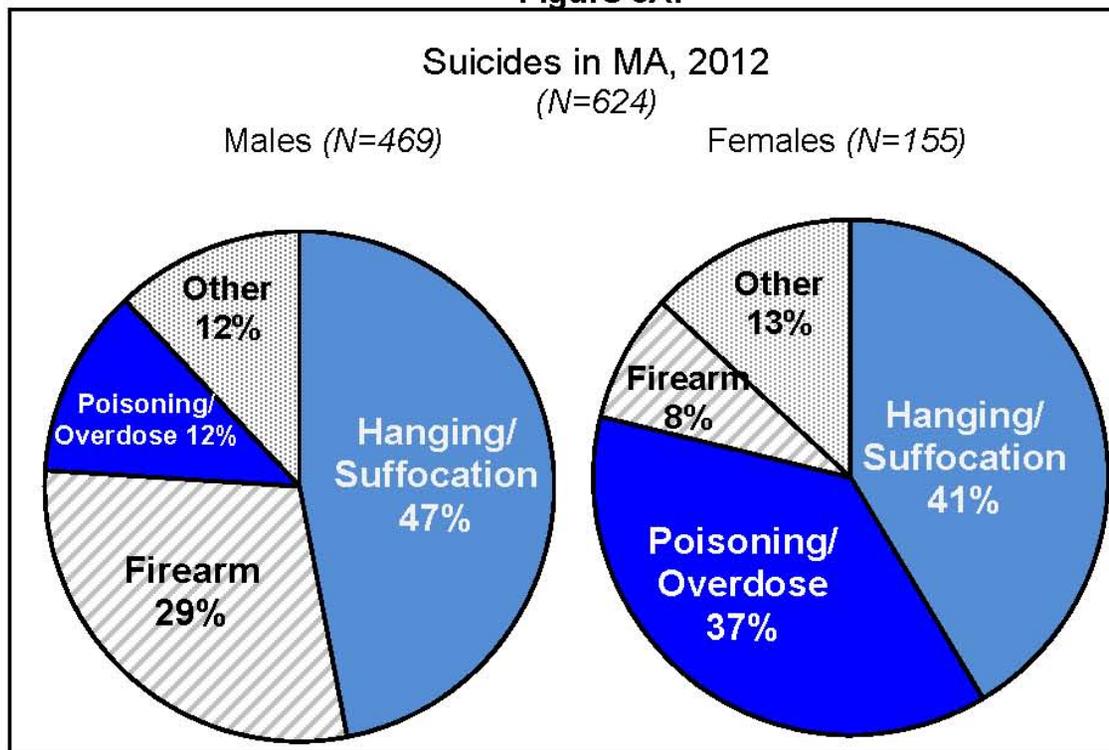
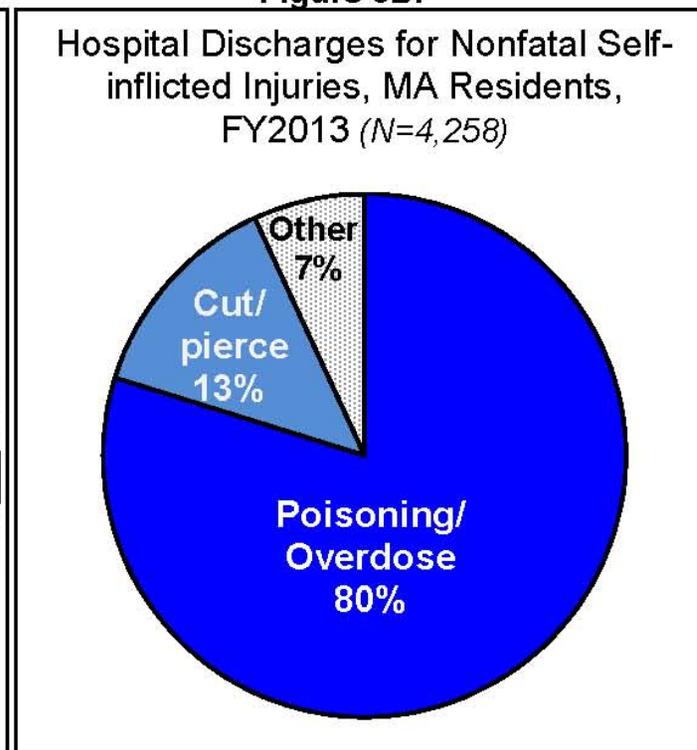


Figure 6B.



Source: Massachusetts Violent Death Reporting System, Massachusetts Department of Public Health and Massachusetts Hospital Discharge Database, Massachusetts Center for Health Information and Analysis

Poisoning Suicides by Class of Drug, 2012

N=113

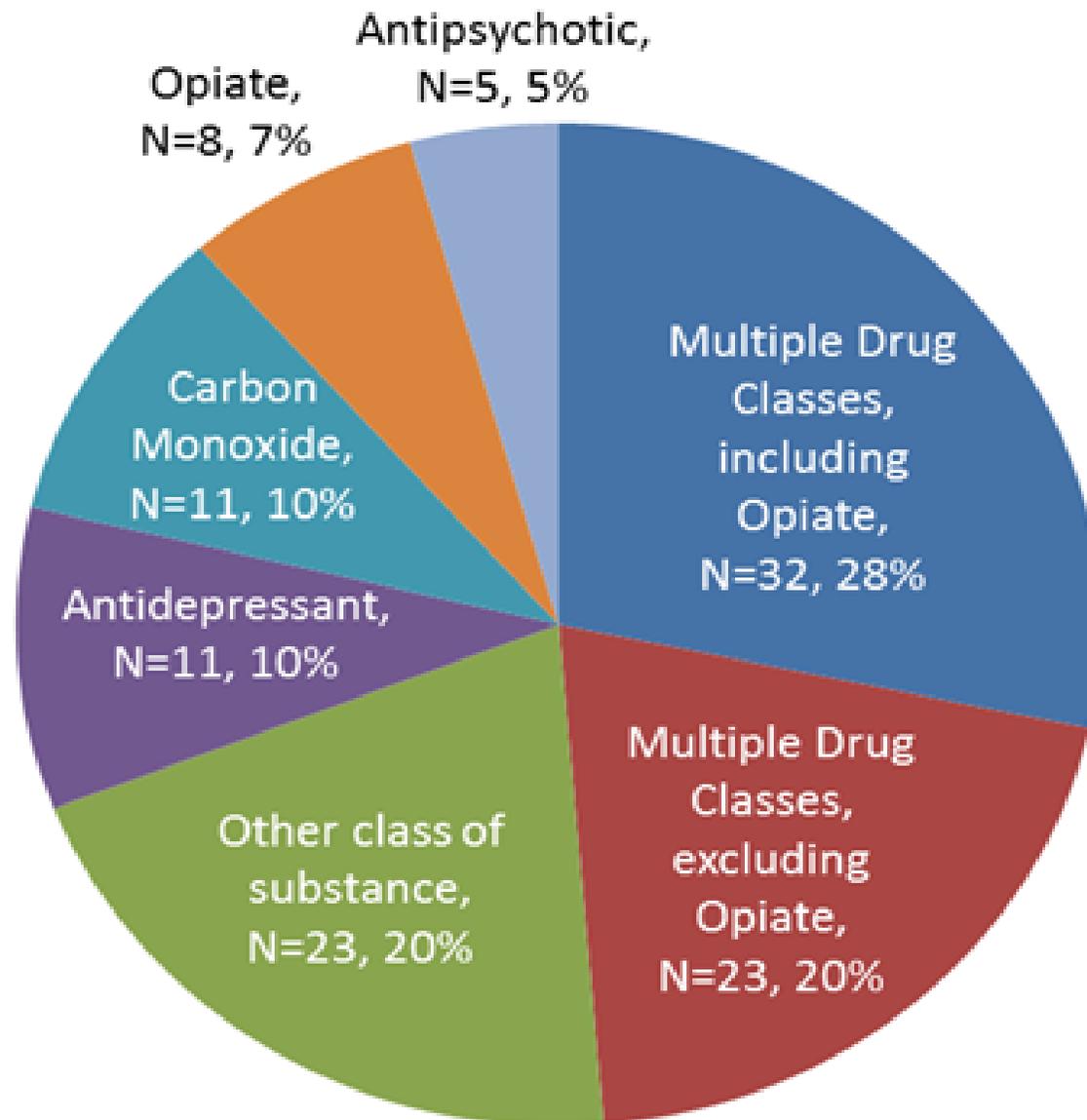


Figure 7. Circumstances Associated with Suicide in MA, 2012⁸

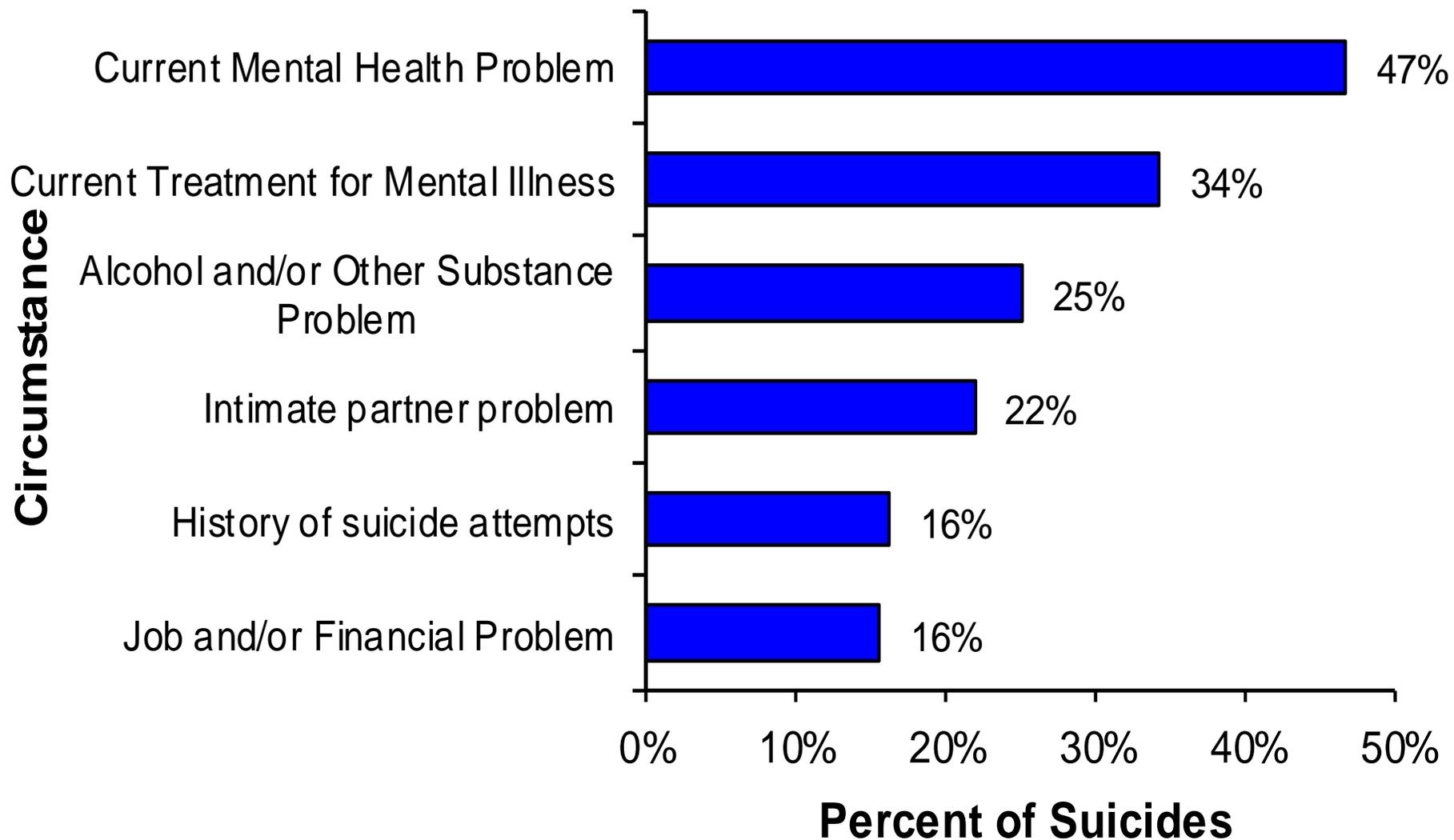


Figure 9. Suicidal Thinking and Behavior among MA High School Students, YRBS, 2013

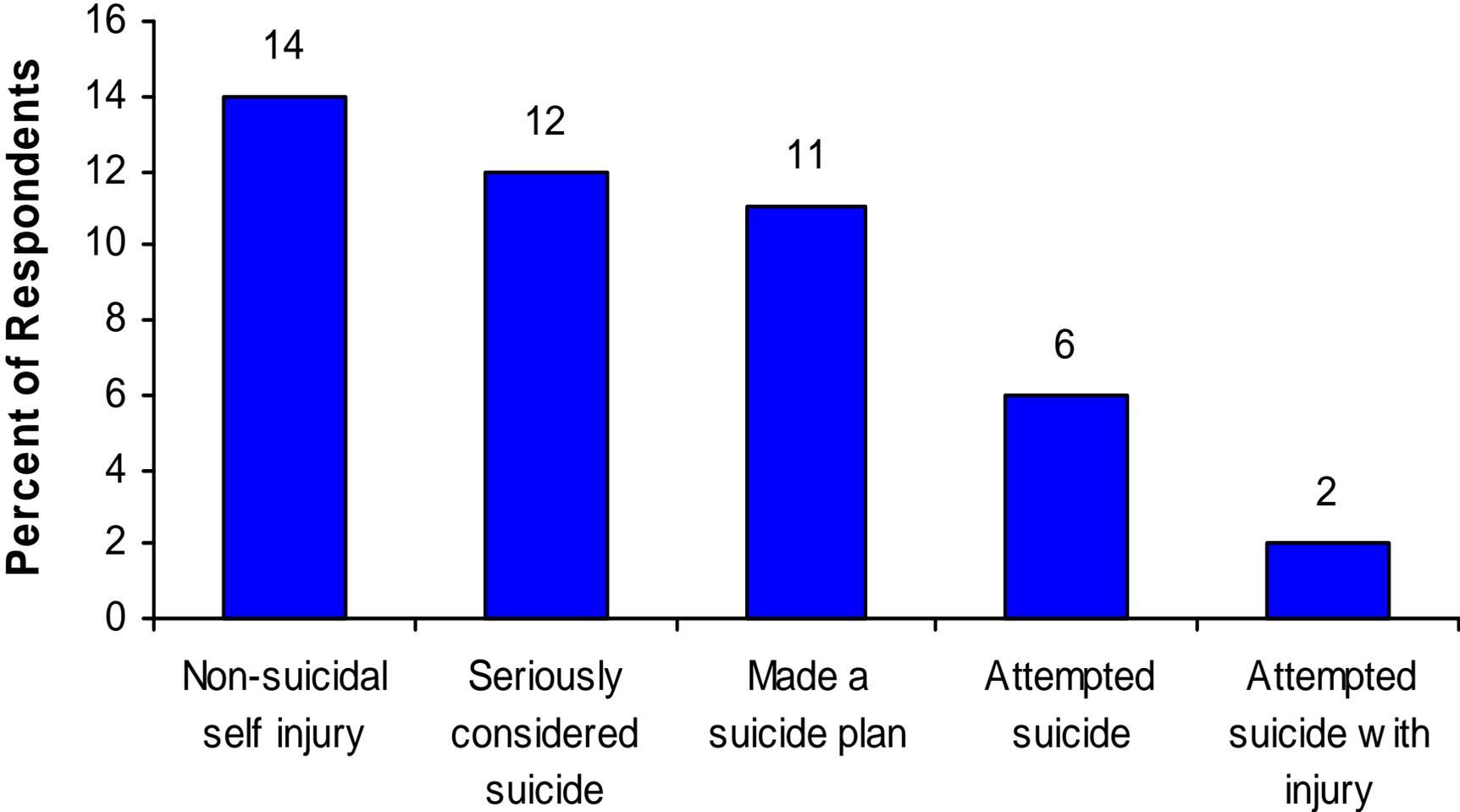
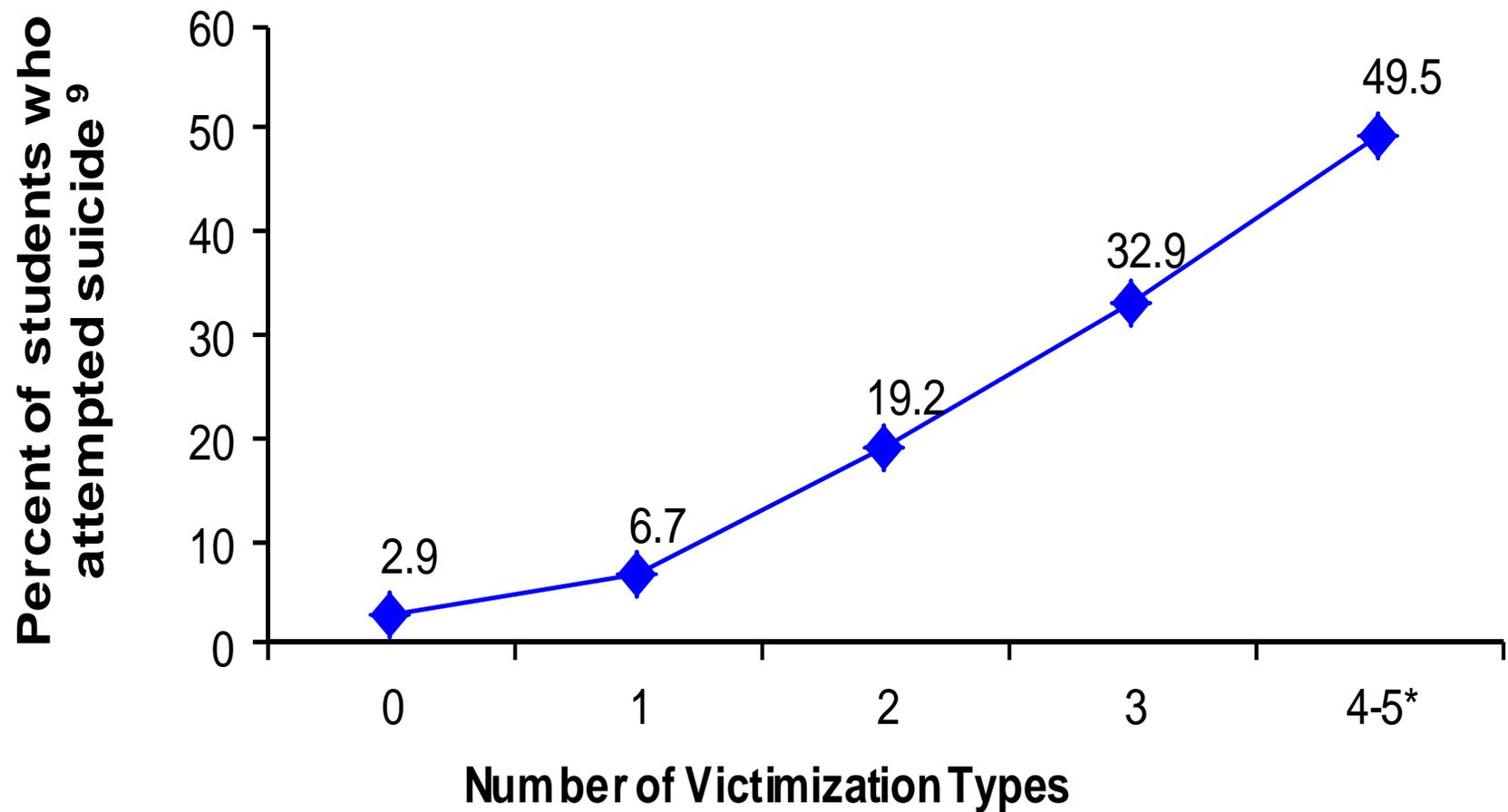


Figure 10. Attempted Suicide by Number of Victimization Types, YRBS, 2011, 2013



Special Populations

- Mental illness and substance abuse
- Veterans
- Elders
- Men and women of working age
- LGBT
- Survivors
- Attempters

Department of Veterans Services



**STATEWIDE
ADVOCACY**

— FOR —

**VETERANS'
EMPOWERMENT**



**THE
7th INNING
STRETCH.**
*Yoga. The way a
man would do it.*

mantherapy.org
Therapy. The way a man would do it.

*You can't fix your mental
health with duct tape.*

mantherapy.org
*Therapy. The way a man
would do it.*

Below is another magnet design:

*Sometimes life's
dog takes a
DUMP ON
YOUR LAWN.*

**Clean it up at
mantherapy.org**
Therapy. The way a man would do it.

Collaborations

- MA Coalition for Suicide Prevention
- Funding Support to state agencies
 - Department of Veterans Services
 - Executive Office of Elder Affairs
 - Department of Mental Health
- Partnerships
- Community Coalitions



Education and Training

- Gatekeeper training
- Behavioral Health Professionals
- Health Professionals
- Comprehensive system-wide approaches
- Annual two day conference

Policy

An Act to Reduce Gun Violence

Mandatory SP Training in schools

M.D. Training in means reduction

Harm reduction in Gun safety course

Data collection and analysis

Material for consumers at gun dealers

Task force to protect good samaritans

**Valor Act 2 – referrals for veterans
at hospitals**